

March



** Lunch forms need to be turned into the **KITCHEN BY 9am**.

* **Anybody that is eating school lunch must have pre-ordered a lunch, including those who qualify for free and reduced lunches.**

* Menu is Subject to change. * Milk is included with all school lunches

Monday	Tuesday	Wednesday	Thursday	Friday
4 Green Beans Chicken Nuggets Potato/Grain Fruit/Condiments	5 Turkey Gravy Mashed Potatoes Broccoli/Berries Whole Grain Roll	6 Fish Baked Beans Corn/Fruit Whole Grain Roll	7 Taco Salad: Taco Meat/Cheese Lettuce/Tomatoes Fruit/Chips	8 Grilled Cheese Goldfish Craisins Medley Juice
11 Corn Dog Broccoli Carrots/Fruit Fruit Snacks	12 Cheese Omelet Sausage Patty Tri-tater/Applesauce Juice/Grain	13 Chicken Sandwich Baked Beans Peas/Orange Slices Condiments	14 Taco Burrito Rice/Corn Pears Taco Sauce	15 Fish Lettuce & Tomatoes Grapes/Condiments Whole Grain Roll
18 Chicken Noodle Mashed Potatoes Mixed Vegetables Fruit/WG Roll	19 Turkey Burger Baked Beans Broccoli/Apricots Condiments	20 Chicken Fajita Brown Rice Cooked Carrots Applesauce	21 Ham & Cheese Cheez-its Fresh Veggies Fruit/Condiments	22 Chalupa Lettuce & Tomatoes Fruit Taco Sauce
25 Waffle Day Chicken Nuggets Berries/Peas/Juice Condiments	26 French Toast Sausage Potato Carrots	27 Hot Dog Baked Beans Broccoli/Fruit Rice Krispy Treat	28 Orange Chicken Rice/Fortune Cookie Mixed Vegetables Fruit	29 Fish Lettuce & Tomatoes Fruit Whole Grain Roll

Fridays in Lent

Look up Meatless Monday recipes.
Try a recipe from another culture.

Have breakfast for dinner.
Find a new fish/seafood recipe.

WHAT CAN I EAT?

On Ash Wednesday, Good Friday and all Fridays during Lent

YES

- Fish
- Eggs
- Milk
- Fruit
- Veggies
- Grains



NO

- Beef
- Pork
- Chicken
- Ham
- Deer
- Lamb



This institution is an equal opportunity provider